

<b>Skill</b>	<b>Developing</b>	<b>Developing</b>	<b>Proficient</b>	<b>Excellent</b>
<b>Stance</b> Feet shoulder width apart, straddle shooting line, bow shoulder facing target.	Student demonstrates very little understanding of how to stand when shooting an arrow	Student demonstrates some understanding of how to stand when shooting an arrow some of the time	Student demonstrates a complete understanding of how to stand when shooting an arrow most of the time	Student demonstrates a complete understanding of how to stand when shooting an arrow every time they shoot
<b>Grip</b> Grip bow like holding a glass, touch thumb to index finger, bow arm to shoulder height, extend bow arm toward target	Student demonstrates very little if any understanding of how to hold a bow	Student demonstrates some understanding of how to hold the bow some of the time	Student demonstrates that they understand how to Hold the bow most of the time	Student demonstrates that they understand how to Hold the bow every time they shoot
<b>Nock</b> Bow parallel to ground, load above the nock, nock arrow at 90 degree angle, odd colored feather facing away	Student does not understand how to nock an arrow	Student demonstrates some understanding of how to nock and arrow some of the time	Student demonstrates an understanding of how to nock an arrow most of the time	Student demonstrates an understanding of how to nock an arrow every time they shoot
<b>Draw</b> Assume Boy Scout Salute( thumb and little finger touch) Hook three fingers onto string at first knuckle, back of hand and wrist flat, elbow level with forearm, squeeze shoulder blades together	Student does not understand how to draw the bow	Student demonstrates some understanding of how to draw the bow some of the time	Student demonstrates an understanding of how to draw the bow most of the time	Student demonstrates an understanding of how to draw the bow every time they shoot
<b>Anchor</b> High Anchor- index finger touches corner of mouth, Low Anchor- index finger touches under the chin	Student does not understand how to anchor	Student demonstrates some understanding of how to anchor some of the time	Student demonstrates an understanding of how to anchor most of the time	Student demonstrates an understanding of how to anchor every time they shoot
<b>Aim and Release</b> Look down the arrow to target, aim at spot with point of arrow, roll fingers off string, hand stays at anchor position	Student does not understand how to aim and release  Does not hit the target very often	Student demonstrates some understanding of how to Aim and release  Hits the target some of the time	Student demonstrates an understanding of aim and Release  Hits the target most of the time	Student demonstrates an understanding of aim and Release every time they shoot  Hits the target every time